

Cardiac catheterization within 1 to 3 days of proximal aortic surgery is not associated with increased postoperative acute kidney injury

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Objective: Cardiac catheterization shortly before coronary artery bypass grafting or valve surgery has been associated with increased postoperative acute kidney injury. The relationship between catheterization timing and acute kidney injury after proximal aortic surgery remains unknown.

Methods: Between August 2005 and February 2011, a total of 285 consecutive patients underwent cardiac catheterization before elective proximal aortic surgery with cardiopulmonary bypass at a single institution. The association between timing of catheterization and postoperative acute kidney injury (defined as postoperative increase in serum creatinine $\geq 50\%$ of baseline) was assessed using logistic regression analysis.

Results: Of 285 patients, 152 (53%) underwent catheterization on preoperative days 1 to 3 and 133 (47%) underwent catheterization on preoperative day 4 or before. Acute kidney injury occurred in 88 (31%) patients, 3 (1.1%) requiring dialysis. Acute kidney injury occurred in 37 (24%) patients catheterized on preoperative days 1 to 3, and 51 (38%) patients catheterized on preoperative day 4 or before. Catheterization on preoperative days 1 to 3 was not associated with an increased risk of acute kidney injury relative to catheterization on preoperative day 4 or before (unadjusted odds ratio, 0.52; 95% confidence interval, 0.31-0.86; $P = .01$; adjusted odds ratio, 0.35; 95% confidence interval, 0.17-0.73; $P = .005$).

Conclusions: Cardiac catheterization within 1 to 3 days of elective proximal aortic surgery appears safe and should be considered acceptable practice for patients at low risk of acute kidney injury. (J Thorac Cardiovasc Surg 2012;143:1404-10)

Acute kidney injury (AKI) occurs in 18% to 48% of patients after thoracic aortic surgery and is associated with increased hospital costs, lengths of stay, and mortality.¹⁻⁴ Cardiac catheterization is routinely performed before elective surgery of the proximal thoracic aorta to define aortic root and coronary anatomy and screen for coronary artery disease requiring concomitant intervention.⁵ A number of recent observational studies have suggested cardiac catheterization within 0 to 5 days of coronary artery bypass grafting (CABG) or valve surgery leads to an increased risk of postoperative AKI, presumably from the combined insult of contrast-induced acute kidney injury (CI-AKI) and the physiologic stresses of cardiac surgery and cardiopulmonary bypass (CPB).⁶⁻¹¹

Patients undergoing proximal thoracic aortic procedures represent a distinct cohort of the cardiac surgery population. A high proportion of individuals harbor aortic disease of congenital or hereditary origin, and the majority of operations require deep hypothermic circulatory arrest (DHCA).¹² Further, preoperative cardiac catheterization often includes aortic angiogram in addition to coronary and left ventricular angiography, resulting in higher average contrast volumes than in patients undergoing cardiac catheterization for CABG or valve surgery. We therefore sought to assess the relationship between the timing of preoperative cardiac catheterization before elective proximal thoracic aortic surgery and the incidence of postoperative AKI in this disparate patient group theoretically at a greater risk of AKI.

METHODS

Patient Population and Data Collection

The Duke Thoracic Aortic Surgery Database is a prospectively maintained electronic clinical registry of all patients who have undergone a thoracic aortic procedure at Duke University Medical Center (Durham, NC) since July 2005. Preoperative and intraoperative variables are recorded at the time of surgery and postoperative events are ascertained 30 days after hospital discharge. Data accuracy and adjudication of postoperative events are verified by at least 2 independent surgeon investigators. Long-term follow-up and life status are assessed from the medical record and the Social Security Death Index.

This study was approved by the Institutional Review Board of Duke University and the need for individual patient consent was waived. A query

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Abbreviations and Acronyms

AKI	= acute kidney injury
CABG	= coronary artery bypass grafting
CHF	= congestive heart failure
CI	= confidence interval
CI-AKI	= contrast-induced acute kidney injury
CIN	= contrast-induced nephropathy
CPB	= cardiopulmonary bypass
DHCA	= deep hypothermic circulatory arrest
IQR	= interquartile range
OR	= odds ratio
RIFLE	= Risk, Injury, Failure, Loss, End-stage renal disease

of the Duke Thoracic Aortic Surgery Database identified 293 consecutive elective proximal thoracic aortic procedures performed between August 2005 and February 2011 at our institution via median sternotomy with the use of CPB and without the use of intraoperative contrast agents. Individual medical records were reviewed retrospectively to obtain detailed catheterization and preadmission data. Two patients receiving preoperative dialysis and 1 patient who died on postoperative day 0 were excluded from the study. Of the remaining 290 patients, 285 (98%) underwent preoperative cardiac catheterization and form the basis of this report.

Catheterization and Preadmission Protocol

Preoperative cardiac catheterization was performed at our institution in 216 (76%) patients and at an outside institution in the remainder. If not already performed before referral, cardiac catheterization was arranged by the cardiac surgeon and timing determined by patient convenience as well as comorbidities. Catheterization was not performed on the same day as the operation. The routine catheterization protocol at our institution includes discontinuation of nephrotoxic drugs 48 hours before the procedure, prehydration with intravenous normal saline, use of *N*-acetyl cysteine for patients with serum creatinine of 1.5 mg/dL or more, use of low volumes of low-osmolar (iopamidol) or iso-osmolar (iodixanol) nonionic contrast agents, and posthydration with 1 L of intravenous normal saline in patients not at risk for volume overload. Patients catheterized the day before the operation are frequently admitted for overnight hydration with intravenous saline, 0.9% 1 mL · kg⁻¹ · h⁻¹, up until the time of surgery. Irrespective of catheterization, patients with congestive heart failure (CHF) are routinely preadmitted for volume optimization with intravenous diuretics, and patients with chronic kidney disease are routinely preadmitted for intravenous hydration.

Clinical Definitions

The most recent creatinine level recorded before surgery was defined as the baseline. Postoperative creatinine levels were measured at least once daily until hospital discharge. Postoperative AKI was defined by achieving any Acute Dialysis Quality Initiative Workgroup RIFLE (Risk, Injury, Failure, Loss, End-stage renal disease) criteria for acute renal failure (earliest “R = risk” stage: plasma creatinine increase $\geq 1.5 \times$ baseline) based on differences between the baseline and peak postoperative serum creatinine levels.¹³ Rates of acute renal failure by The Society of Thoracic Surgeons criteria (postoperative serum creatinine $\geq 2 \times$ baseline and >2.0 mg/dL) and new-onset dialysis were also recorded. Patient characteristics and comorbidities were defined using The Society of Thoracic Surgeons definitions. Estimated glomerular filtration rate was calculated using the Modification of Diet in Renal Disease formula.¹⁴ The contrast-induced

nephropathy (CIN) risk score was calculated as described by Mehran and associates (Figure 1).¹⁵

Statistical Analysis

Preoperative and intraoperative variables were compared between patients undergoing cardiac catheterization greater than (long interval) or less than (short interval) 72 hours before surgery. The cutoff between short- and long-interval catheterization was chosen a priori to capture the postcatheterization period at highest risk of CI-AKI and the preoperative catheterization period associated with postoperative AKI in most prior studies.^{6-11,16} Given that CI-AKI occurs within 3 days of angiography,¹⁷ for patients in the short-interval catheterization group the period of CI-AKI after catheterization should overlap with surgery and potentially lead to an increased incidence of postoperative AKI. For patients in the long-interval catheterization group, CI-AKI should theoretically have resolved before surgery and should not contribute to the incidence of postoperative AKI. However, CI-AKI incidence and resolution could not be directly assessed given the lack of serial creatinine recordings between catheterization and surgery for most patients. Distribution of baseline characteristics was compared using the parametric χ^2 test and the Kruskal-Wallis test for normally and nonnormally distributed continuous variables, respectively. Binary variables were compared using the Cochran-Armitage trend test.

The association between timing of catheterization and AKI was assessed using a logistic regression model. In multivariable models, estimates were adjusted for the following risk factors for AKI after cardiac or thoracic aortic surgery: age, sex, body mass index, baseline estimated glomerular filtration rate, hypertension, diabetes mellitus, CHF, CPB duration, use of DHCA, ejection fraction, preoperative hemoglobin, and aprotinin exposure.^{1-3,7,18} Concomitant CABG was further included in the model as a surrogate for coronary artery disease and because patients undergoing CABG surgery have been shown to be at higher risk of AKI with short-interval catheterization.^{6-9,11} Intravenous hydration within 24 hours of operation was included to adjust for this potential renoprotective adjunct¹⁹ that was highly associated with short-interval catheterization. The volume of contrast administered during catheterization was not included given that this information was unavailable for patients catheterized at outside institutions. Underlying assumptions of the logistic regression model were tested and valid unless otherwise indicated (including important interactions: age, sex, and concomitant CABG). Calculations were performed using SAS 9.2 (SAS Institute, Inc, Cary, NC).

RESULTS

Patient clinical and procedural characteristics are reported in Table 1 and Table 2. One hundred sixty-one (56%) patients required an operation for a congenital or hereditary condition (bicuspid aortic valve syndrome, 138 [48%]; hereditary connective tissue disease, 22 [8%]; coarctation, 1 [0.4%]), whereas 124 (44%) patients had acquired or degenerative disease. In addition to proximal aortic operation, 53 (19%) patients underwent concomitant CABG, and 31 (11%) patients underwent 34 non-CABG concomitant procedures (12 arch vessel bypasses, 7 maze procedures, 6 atrial septal defect repairs, 3 mitral valve replacements, 3 tricuspid valve repairs, 1 mitral valve repair, 1 ascending–descending aortic bypass, and 1 video-assisted thoracoscopic wedge resection).

Of the 285 patients included in the analysis, 152 (53%) underwent catheterization on preoperative days 1 to 3 (127 [45%] on preoperative day 1, 7 [2%] on preoperative day 2, and 18 [6%] on preoperative day 3) and 133 (47%)

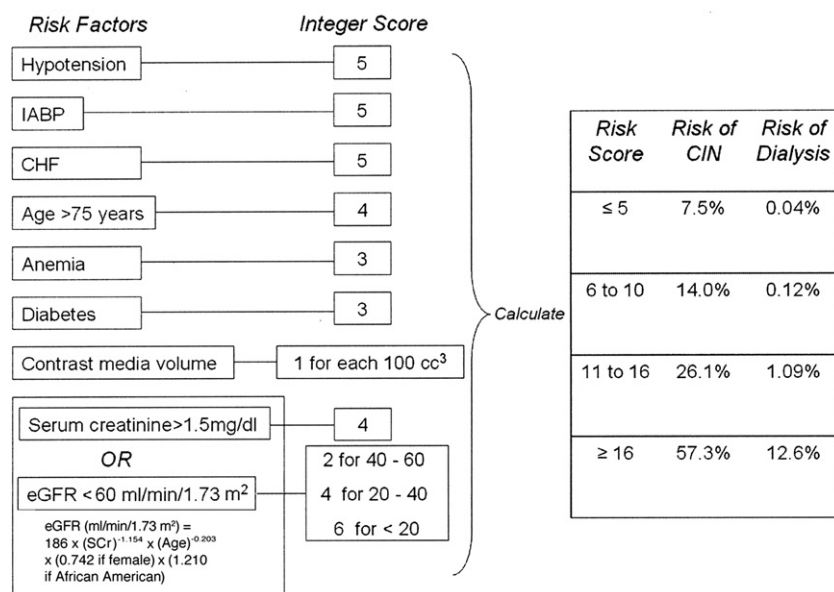


FIGURE 1. Scheme to define contrast-induced nephropathy (CIN) risk score. Anemia, Baseline hematocrit value <39% for men and <36% for women; CHF, congestive heart failure class III/IV by New York Heart Association classification and/or history of pulmonary edema; eGFR, estimated glomerular filtration rate; hypotension, systolic blood pressure <80 mm Hg for at least 1 hour requiring inotropic support with medications or intra-aortic balloon pump (IABP) within 24 hours periprocedurally. (Reprinted with permission.¹⁵)

underwent catheterization on preoperative day 4 or before (median preoperative day, 30; interquartile range [IQR], 15-54). Data on the volume of contrast administered during catheterization were available for 152 (100%) of 152 patients having short-interval catheterization and 63 (47%) of 133 having long-interval catheterization. The median overall contrast dose was 1.55 mL/kg (IQR, 1.09-2.13 mL/kg). Patients having short-interval catheterization received lower contrast volumes than those having long-interval catheterization (1.47 mL/kg [IQR, 1.06-2.03 mL/kg] vs 1.81 mL/kg [IQR, 1.22-2.38 mL/kg]; $P = .01$).

Unadjusted measures of AKI and mortality are reported in Table 3. AKI by any RIFLE criteria occurred in 88 (31%) individuals. AKI was an early postoperative event and occurred on postoperative days 0 to 3 in 79 (90%) patients, on postoperative days 4 to 7 in 8 (9%) patients, and after postoperative day 7 in 1 (1%) patient. New-onset dialysis occurred in 3 (1.1%) patients who were catheterized on preoperative days 1, 6, and 14, respectively. Thirty-day/in-hospital mortality occurred in 5 (1.8%) patients, of whom 3 (60%) experienced AKI.

The incidence of AKI was significantly lower in patients undergoing catheterization on preoperative days 1 to 3 compared with patients catheterized on preoperative day 4 or before (24% vs 38%). After adjusting for known risk factors for AKI and other pertinent imbalances between the patient groups, short-interval catheterization was associated with a lower risk of postoperative AKI when compared with long-interval catheterization (odds ratio [OR], 0.35;

95% confidence interval [CI], 0.17-0.73; $P = .005$; Table 4). A subgroup analysis was performed by dividing patients into 2 risk groups on the basis of median CIN risk score. No association between catheterization timing and AKI was identified for low-risk patients (CIN risk score, 0-2; OR, 0.44; 95% CI, 0.15-1.28; $P = .10$). However, short-interval catheterization remained associated with a lower risk of postoperative AKI in the higher-risk subgroup (CIN risk score ≥ 3 ; OR, 0.31; 95% CI, 0.10-0.93; $P = 0.04$).

DISCUSSION

This observational single-institution study of a large contemporary cohort of patients undergoing complex elective proximal thoracic aortic operations found cardiac catheterization within 1 to 3 days of surgery was not associated with an increased risk of postoperative AKI.

Although the incidence of postoperative AKI (31%) in our study appears higher than in the comparable studies of CABG or valve surgery,⁶⁻¹¹ it is similar to the AKI rates reported in prior studies of complex thoracic aortic operations.¹⁻⁴ However, the incidence of dialysis (1.1%) in our study remained low, consistent with the expected rates of dialysis in low-risk patients undergoing elective operation. Although AKI is an established risk factor for mortality after cardiac and thoracic aortic operations,^{1-4,11} our study is underpowered to redemonstrate this association in multivariable models given that only 5 (1.8%) postoperative deaths occurred. Nonetheless, it is assumed

TABLE 1. Clinical features

Variable	Overall (n = 285)	Cath on preop days 1-3 (n = 152)	Cath on preop day 4+ (n = 133)	P value
Patient characteristics				
Age (y)	59 (47-68)	57 (46-66)	60 (49-69)	.04
Female sex	84 (29%)	44 (29%)	40 (30%)	.84
White race	233 (82%)	128 (84%)	105 (79%)	.54
Body mass index (kg/m ²)	27 (24-32)	26 (24-31)	28 (24-33)	.04
Patient comorbidities				
Hypertension	215 (75%)	115 (76%)	100 (75%)	.93
Diabetes	21 (7%)	9 (6%)	12 (9%)	.32
Smoker	110 (39%)	59 (39%)	51 (38%)	.94
Congestive heart failure	26 (9%)	8 (5%)	18 (14%)	.02
Prior myocardial infarction	15 (5%)	5 (3%)	10 (8%)	.11
Prior stroke	19 (7%)	10 (7%)	9 (7%)	.95
Chronic obstructive pulmonary disease	36 (13%)	19 (13%)	17 (13%)	.94
Peripheral vascular disease	9 (3%)	4 (3%)	5 (4%)	.59
Gastroesophageal reflux disease	68 (24%)	36 (24%)	32 (24%)	.94
Chronic alcohol use	19 (7%)	9 (6%)	10 (8%)	.59
Prior aortic surgery	69 (24%)	49 (32%)	20 (15%)	.001
Contrast-induced nephropathy risk score	2 (1-5)	2 (1-4.5)	3 (0-6)	.97
Medications				
Long-term steroid use	4 (1%)	2 (1%)	2 (2%)	.89
Preop diuretic	75 (26%)	35 (23%)	40 (30%)	.18
Preop ACEi/ARB	110 (39%)	61 (40%)	49 (37%)	.57
Baseline values				
Ejection fraction	55 (55-55)	55 (55-55)	55 (55-55)	.11
Hemoglobin (g/dL)	13.9 (12.9-15.0)	13.9 (13.0-14.9)	14.1 (12.8-15.1)	.70
Creatinine (mg/dL)	1.0 (0.8-1.1)	0.9 (0.8-1.1)	1.0 (0.9-1.1)	.19
>1.5	12 (4%)	5 (3%)	7 (5%)	.41
eGFR (mL · min ⁻¹ · 1.73 m ⁻²)	80 (69-94)	80 (71-96)	78 (68-92)	.11
>60	248 (87%)	136 (89%)	112 (84%)	.19
40-60	34 (12%)	14 (9%)	20 (15%)	.13
20-40	3 (1%)	2 (1%)	1 (0.8%)	.64

Values expressed as median (interquartile range) or number (percent). ACEi, Angiotensin-converting enzyme inhibitor; ARB, angiotensin receptor blocker; eGFR, estimated glomerular filtration rate.

from prior studies that postoperative AKI leads to worse patient outcomes, and aggressive efforts should be taken to minimize AKI in the perioperative period.

There were many differences between the short- and long-interval catheterization groups that we attempted to adjust for in multivariable models. Risk factors for AKI with unequal distribution included age (57 vs 60 years), body mass index (26 vs 28 kg/m²), and CHF (5% vs 14%). A higher proportion of patients with a history of aortic surgery (32% vs 15%), hereditary connective tissue disease (11% vs 3%), and undergoing redo sternotomy (30% vs 17%) underwent short-interval catheterization, possibly as a result of younger patient age secondary to congenital or hereditary aortic disease. These differences were likely partially controlled for by adjusting for age and CPB time. A higher proportion of patients undergoing concomitant CABG (26% vs 13%) underwent long-interval catheterization, possibly as a result of comorbidities or due to referral for aortic surgery only after the identification of thoracic aortic disease on catheterization for coronary artery disease.

As a result of our catheterization protocols, a greater proportion of patients undergoing short-interval catheterization were preadmitted to the hospital before surgery (63% vs 43%) and received intravenous hydration within 24 hours of the operation (75% vs 14%). In contrast, a greater proportion of patients undergoing long-interval catheterization received intravenous diuretics before surgery (14% vs 8%) given that there were more patients with CHF in this group (14% vs 5%). Concomitant CABG, preoperative hydration, and CHF were all included in the multivariable models. Last, patients having short-interval catheterization received lower volumes of contrast during catheterization (1.47 vs 1.81 mL/kg), likely as a result of our institutional protocols aimed at minimizing contrast exposure for patients undergoing catheterization shortly before surgery. We were unable to adjust for the effect of contrast volume on postoperative AKI given that this information was missing for 53% of patients having long-interval catheterization. However, exposure to greater contrast volumes in the long-interval group would not be predicted to increase the

TABLE 2. Procedural characteristics

Variable	Overall (n = 285)	Cath on preop days 1-3 (n = 152)	Cath on preop day 4+ (n = 133)	P value
ASA class				.44
2	5 (2%)	1 (1%)	4 (3%)	
3	224 (79%)	120 (79%)	104 (78%)	
4	56 (20%)	31 (20%)	25 (19%)	
Hospital preadmission	153 (54%)	96 (63%)	57 (43%)	.006
IV hydration w/in 24 h of operation	133 (47%)	114 (75%)	19 (14%)	<.001
IV diuretic w/in 24 h of operation	31 (11%)	12 (8%)	19 (14%)	.08
Etiology				
Bicuspid aortic valve syndrome	138 (48%)	70 (46%)	68 (51%)	.39
Degenerative atherosclerosis	94 (33%)	46 (30%)	48 (36%)	.28
Hereditary connective tissue disease	22 (8%)	18 (12%)	4 (3%)	.005
Idiopathic	17 (6%)	10 (7%)	7 (5%)	.64
Vasculitis	11 (4%)	7 (5%)	4 (3%)	.48
Pseudoaneurysm	1 (0.4%)	0	1 (0.8%)	.28
Endocarditis	1 (0.4%)	0	1 (0.8%)	.28
Coarctation	1 (0.4%)	1 (0.6%)	0	.35
Primary procedure				.36
Root or ascending aorta replacement only	57 (20%)	30 (20%)	27 (20%)	
Root/ascending + hemiarch	203 (71%)	105 (69%)	98 (74%)	
Root/ascending + total arch	25 (9%)	17 (11%)	8 (6%)	
Concomitant CABG	53 (19%)	19 (13%)	34 (26%)	.005
Other concomitant procedure	31 (11%)	12 (8%)	19 (14%)	.08
Operative characteristics				
Maximum aortic diameter (cm)	5.5 (5.1-5.9)	5.5 (5.2-5.8)	5.5 (5.0-6.0)	.76
Redo sternotomy	67 (24%)	45 (30%)	22 (17%)	.01
Crossclamp time (min)	143 (117-168)	140 (109-169)	144 (121-168)	.28
CPB time (min)	209 (183-240)	209 (183-235)	209 (184-244)	.43
DHCA	229 (80%)	123 (81%)	106 (80%)	.80
Cerebral DHCA time (min)	17 (14-22)	17 (14-22)	17 (15-22)	.37
Systemic DHCA time (min)	17 (14-23)	17 (14-23)	17 (15-22)	.69
Aprotinin use	63 (22%)	31 (20%)	32 (24%)	.46

Values expressed as median (interquartile range) or number (percent). ASA, American Society of Anesthesiologists; IV, intravenous; CABG, coronary artery bypass grafting; CPB, cardiopulmonary bypass; DHCA, deep hypothermic circulatory arrest.

rate of AKI given that kidney recovery presumably occurred in the interval between catheterization and surgery.

Six retrospective studies assessing the relationship between the timing of preoperative cardiac catheterization and the incidence of AKI after CABG or valve surgery reported an increased risk of AKI with short-interval catheterization. In 3 studies, this risk was restricted to patients undergoing catheterization within 24 hours of surgery.^{7,8,10} The remaining studies reported that catheterization within 5 days of surgery^{6,11} or during the same admission as surgery⁹ were associated with increased postoperative AKI. As a result, the various study authors have proposed that surgery

should be delayed for as long as 7 days after catheterization or until after hospital discharge and readmission.

The explanation for our disparate study findings is likely related to the unique features of patients requiring surgery for proximal thoracic aortic disease, the inclusion of a purely elective patient population, and the absence of patients undergoing same-day catheterization. Many patients requiring proximal thoracic aortic surgery have aortopathy of congenital or hereditary disease and therefore require surgery at a younger age and harbor few comorbidities. The median age of patients in our study was nearly a decade younger than that of patients in the comparable studies of

TABLE 3. Unadjusted measures of AKI and mortality

Criteria	Overall (n = 285)	Cath on preop days 1-3 (n = 152)	Cath on preop day 4+ (n = 133)	P value
AKI (all RIFLE stages)	88 (31%)	37 (24%)	51 (38%)	.01
STS acute renal failure	18 (6.3%)	6 (3.9%)	12 (9.0%)	.09
New-onset dialysis	3 (1.1%)	1 (0.7%)	2 (1.5%)	.60
Mortality (30-d/in-hospital)	5 (1.8%)	3 (2.0%)	2 (1.5%)	1

AKI, Acute kidney injury; RIFLE, Risk, Injury, Failure, Loss, End-stage renal disease; STS, The Society of Thoracic Surgeons.

TABLE 4. Association between day of catheterization and AKI

Cath on preop days 1-3 vs. preop day 4+	OR	95% CI	P value
AKI (all RIFLE stages)			
Crude	0.52	0.31-0.86	.01
Adjusted	0.35	0.17-0.73	.005
Subgroup analysis (adjusted)			
CIN risk score ≤2 (n = 153)	0.44	0.15-1.28	.10
CIN risk score >3 (n = 132)	0.31	0.10-0.93	.04

AKI, Acute kidney injury; OR, odds ratio; CI, confidence interval; CIN, contrast-induced nephropathy; RIFLE, Risk, Injury, Failure, Loss, End-stage renal disease.

CABG and valve surgery (59 years vs 65-68 years), and the median CIN risk score was 2, placing them at the lowest risk for the development of CI-AKI after catheterization.¹⁵ Although AKI developed after surgery in 31% of patients, it progressed to kidney failure requiring dialysis in only 1.1% of them, suggesting that when AKI did occur in this low-risk patient cohort it was typically mild and transient.

Our study was further restricted to patients undergoing elective surgery, and all emergency and urgent procedures were excluded. In all but 1 prior study¹¹ patients undergoing urgent procedures were included in the analysis and were more likely to undergo short-interval catheterization.⁶⁻¹⁰ Hence, the association between AKI and short-interval catheterization was likely partially confounded by unstable patients at higher risk of AKI undergoing expedited surgery shortly after catheterization.

Same-day cardiac catheterization and surgery is not offered at our institution for patients undergoing elective proximal thoracic aortic procedures. Ranucci and colleagues⁷ found that the risk of AKI with short-interval catheterization was restricted only to those undergoing surgery on the same day as catheterization. In all other studies, patients having same-day catheterization were not assessed independently and were grouped together with patients catheterized on preoperative day 1 or before.^{6,8-11} Hence, it is possible that the increased risk of AKI associated with short-interval catheterization is due entirely to same-day catheterization, and no such patients were included in our study. Conversely, 2 reports from the Mayo Clinic, conducted among carefully selected patients at low-risk of AKI, found that cardiac catheterization on the same day as elective valve surgery was not associated with postoperative AKI.^{20,21}

The largest study to examine the relationship between catheterization timing and postoperative AKI was recently published by Mehta and colleagues¹¹ from our institution. Among 2441 patients undergoing elective, isolated CABG, this study found that cardiac catheterization on preoperative days 0 to 5 was associated with increased postoperative AKI. Numerous features of the Mehta study are consistent with our study findings. First, the CABG patients included in the Mehta study were older (median age 66 years) and sicker (33% with CHF, 33% with diabetes)

than those with proximal aortic disease included in our study and are therefore at greater risk of CI-AKI after catheterization.¹⁵ Second, the risk of AKI with short-interval catheterization reported by Mehta was quite modest and bordered on nonsignificance, likely owing to the exclusion of all urgent and emergency procedures (OR, 1.11; 95% CI, 1.02-1.20; *P* = .02, when day of catheterization was treated as a continuous variable from ≤1 to ≥5 days). Third, same-day catheterizations were included in the Mehta study but were not assessed as an independent group. However, when day of catheterization was treated as a categorical variable, the increased risk of AKI with short-interval catheterization was again restricted only to patients undergoing catheterization on preoperative days 0 to 1 (OR, 1.74; 95% CI, 1.13-3.68; reference = catheterization on preoperative day 5 or before). Hence, the overriding conclusion from this and other studies may be to avoid short-interval catheterization for CABG and other high-risk patients, but that short-interval, or even same-day, catheterization may be well tolerated by patients at low risk of CI-AKI who are undergoing elective surgery.

Paradoxically, our study reports a lower risk of postoperative AKI for patients undergoing short-interval catheterization, as opposed to equivalence between the short- and long-interval catheterization groups. On subgroup analysis, the “benefit” of short-interval catheterization was lost in low-risk patients but persisted in higher-risk patients. We can only conclude that this is due to greater preoperative kidney protection and medical optimization in patients undergoing short-interval catheterization and that these benefits are more pronounced in higher-risk patients and outweigh the insult of CI-AKI. Although we adjusted for preoperative hydration in the multivariable models, unmeasured confounders related to hospital preadmission, such as medical optimization, blood pressure and glycemic control, and careful review and discontinuation of nephrotoxic medications, likely account for the reduced risk of AKI in patients subjected to short-interval catheterization.²² However, inasmuch as this remains a speculative hypothesis that is untested in our study, we refrain from recommending short-interval catheterization for high-risk patients and instead suggest that long-interval catheterization followed by hospital preadmission for aggressive preoperative renal protection may lead to optimal results.

Clinical Implications

Given the small number of centers that specialize in thoracic aortic procedures, a patient requiring a thoracic aortic intervention is likely to be referred away from the community hospital to a regional center of excellence. Short-interval catheterization allows these patients to undergo catheterization and surgery within a single extended episode of care. The benefits of this practice include reduced costs of stay and resource consumption for patients who

are kept in the hospital between catheterization and surgery and reduced travel and lodging expenses and increased convenience for patients who would otherwise be discharged home between catheterization and surgery. Nonetheless, for patients at high risk of CI-AKI, such as those with baseline renal dysfunction, diabetes, CHF, and age greater than 75 years, long-interval catheterization remains prudent pending further study. In all patients, aggressive CI-AKI prophylaxis and perioperative kidney protection should be used and may negate the harmful effects of short-interval catheterization and reduce postoperative AKI.

Study Limitations

Our data are observational and therefore inherently limited by a selection bias, inasmuch as patients selected for long-interval catheterization were older and harbored more risk factors for AKI. Although logistic regression was used to adjust for these differences, unmeasured confounders related to patient selection and perioperative renal protection likely account for the higher rate of AKI observed in the long-interval catheterization group, inasmuch as it is unlikely that short-interval catheterization itself is renoprotective. We are also unable to adjust for the volume of contrast administered during catheterization inasmuch as this information was missing from 53% of the long-interval catheterization patients who were not catheterized at our institution. Intraoperative and postoperative risk factors for AKI, such as hypotension on bypass and vasopressor use,¹⁰ were also not recorded given that these variables are unable to influence the decision regarding timing of catheterization. Our data are further limited by the constraints of any observational retrospective study and results should be viewed as hypothesis generating and inference regarding causation made with caution.

CONCLUSIONS

Despite the use of high contrast volumes during catheterization and the complexity of the subsequent operations, cardiac angiography with aggressive CI-AKI prophylaxis can be performed safely within 1 to 3 days of elective proximal thoracic aortic surgery and should be considered acceptable practice for patients at low-risk of AKI.

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